

# Rebecca's road to implant dentistry

## Devonshire House course student, Rebecca, discusses why she decided to take the leap into implant dentistry

With a round trip of 10 hours, Rebecca travels from Cowbridge in the Vale of Glamorgan, to Cambridge once a month to attend the implant year course run by Devonshire House Dental Education.

With a spare surgery standing empty, Rebecca explained that she is eager to start treating implant patients in house instead of referring them to another practice. 'I qualified in 2003 and have been an associate until 2013 when I bought the practice that I am in now. I wanted a new challenge and felt that placing implants was the next logical step. I did a year long certificate course a few years ago but it wasn't hugely practical and certainly didn't make me feel that I could tackle cases myself. I have had



Figure 1: Preparing the temporary implant crown

a mentor who has done a couple of cases with me coming to the practice and that has given me the impetus to want to gain more practical knowledge to do cases myself.'



Figure 2: Rebecca's first implant placement under the guidance of Wail Girgis

## Implant Year Courses



Dental Implant market predicted to grow by 10-15% every year

- Run by Specialist Prosthodontists from Devonshire House, who are also lecturers and examiners at The Eastman Dental Institute
- Small teaching groups
- Hands-on learning



### One Year Introductory Course

Treat two patients under specialist guidance and learn how to deliver implant treatment from initial diagnosis to final restoration. The theoretical and practical course introduces dentists to implantology and covers diagnosis, planning, surgery, case selection, restoration, standards and ethics. The course includes training for one dental nurse.

- One day per month starting September 2015
- 8 lecture days (Fridays)
- 3 clinical days (Saturdays)
- Cambridge location
- £6,000 (no VAT)
- 80 CPD hours
- For beginners
- Interest free payment option

### One Year Advanced Course

Build confidence by increasing your clinical knowledge of implant dentistry. Treat up to 8 complex and comprehensive cases under specialist guidance. Designed for dentists who have completed an implant course or for more experienced implant surgeons. This course covers a variety of treatment concepts: augmentation techniques, implants in the aesthetic zone and management of failing implants.

- One day alternate months starting October 2015
- 2 lecture days (Fridays)
- 4 clinical days (Saturdays)
- Cambridge location
- £6,000 no VAT
- 40 CPD hours
- Prior implant training required
- Interest free payment option

### First class

Rebecca enrolled on the Devonshire House course in 2014. Now over half way through her training she recently placed her first implant and talked to us about her experience so far. 'The group numbers are small and the teaching by the specialists and clinical lecturers is very hands on and first class. Their style is efficient but relaxed and I feel I can justify my treatment plans with all the theoretical knowledge that I have gained. It is a five hour drive, but worth every mile! I enjoy the theory days almost as much as the surgical.'

### Treating your first patient

The course has a strong focus on getting 'stuck in' right from the beginning and offers delegates the opportunity to practise drilling dummy implants and suturing as part of their preparation before treating patients.

However, the memory of placing your first implant can stay with you for life, right from the trepidation beforehand, especially as it was an immediate placement and loading case. I needn't have been so nervous though as everything ran like a well-oiled machine. The surgery set up was explained step by step and the whole process was discussed before the patient was brought in. The nursing staff and my mentor were so reassuring that I forgot all about my concerns and thoroughly enjoyed the surgery. My patient was thrilled with the result of the immediate crown.'

Rebecca is looking forward to treating her second patient on the course and is already considering the Advanced Year Course to gain even more experience before going it alone. As for advice to other dentists, she strongly recommends the Devonshire House course as an ideal way to embark on implant training. 'I would definitely recommend this course to colleagues, it has everything needed for new implant surgeons. The theory, the clinical guidance, the mentor support and the paperwork. It is more than a taster course, it is actually an essential for anyone setting out on their implant journey.' **D**

Book online at [www.devonshirehousedental.co.uk/courses](http://www.devonshirehousedental.co.uk/courses) (quoting Dent04/15) or call 01223 402612 for further information



IF YOU WOULD LIKE further information about how implant training at Devonshire House can help you develop your skills and knowledge, please contact Sally Nicholas, course co-ordinator, on [courses@devonshirehousedental.co.uk](mailto:courses@devonshirehousedental.co.uk) or telephone 01223 402612.