

## You can now self refer for an appointment with our Hygienists

If you haven't visited our Hygienists before or your hygiene prescription is out of date, you can now self-refer for hygiene treatment with one of our team. An appointment will help you become one step closer to brighter teeth, a healthier mouth and a care plan for you to follow at home, even if you aren't under the care of a dentist right now.

### Visiting the Hygienist



Our overall wellness is closely linked to our oral health and regular Hygienist appointments can prevent future dental problems and play an essential part in achieving good long-term health.

A visit to one of our Hygienists instantly brightens your teeth and freshens your mouth. As well as a thorough clean of your teeth and gums, all appointments at Devonshire House include gentle treatment for removable stains and advice on how to maintain good oral health care at home.

**“Great treatment, my teeth look and feel fantastic. In fact, I had several comments from friends the next day asking if I’d had my teeth whitened”**

What happens at a Hygiene appointment

## How to Book

You can book an appointment online

Book online

or contact our Reception team on 01223 245266 or  
by email [enquiries@dh-dental.co.uk](mailto:enquiries@dh-dental.co.uk)

You will be required to complete medical health and consent forms prior to  
your appointment.

Please be aware that our Hygienists can only advise and carry out  
treatment within their remit and that your appointment will not be a  
substitute for a dental examination with a general dentist. appointment.



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